Herefordshire and Worcestershire's Sustainability and Transformation Partnership's delivery of the NHS Long Term Plan

2019/20 to 2023/24

Background

- Herefordshire and Worcestershire Sustainability and Transformation Partnership (STP) started back in 2016
- Public engagement on our plan in November 2016 with ongoing engagement by workstream
- Increased partnership working and NHS Long Term Plan (January 2019) strengthens this further and sets out the requirements for our STP until 23/24
- We on a journey to becoming an “integrated care system” (ICS) working to “population health model”
- Discussions around what is best delivered in a locality, a county and beyond are ongoing

Recap - what is an ICS/STP?

STPs and ICSs are a
"way of working"
rather than a new organisation or a new structure

They are about commissioners and providers working in **collaboration** rather than in competition, seeking to break down historical divides across:

- ✓ Primary and specialist care
- ✓ Physical and mental health
- ✓ Health and social care

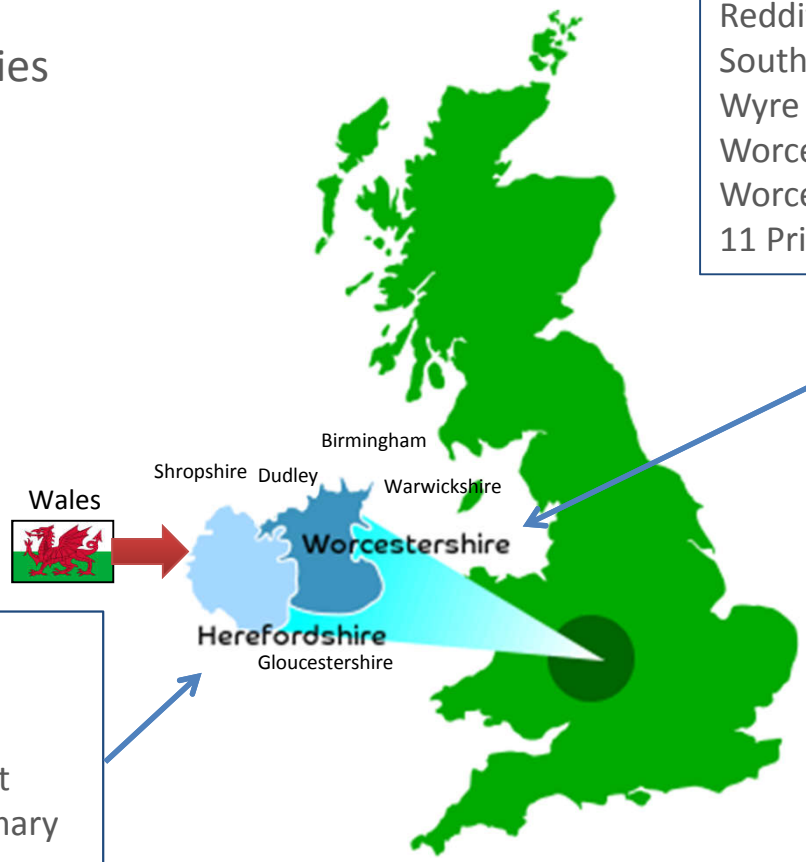
This enables us to:

- Organise our services around the delivery of integrated 'whole pathways of care'
- Work across organisational boundaries to:
  - ✓ **Remove duplication** - to create efficiencies and capacity
  - ✓ **Share resources** to address gaps in services and build resilience
- Work with Public Health and with our staff to **embed prevention and support for self care** – a "cultural shift" for the NHS

Herefordshire and Worcestershire STP/ICS

- Big geography, small population
- Rurality – as well as conurbations
- 785,000 people
- Two Local Authorities

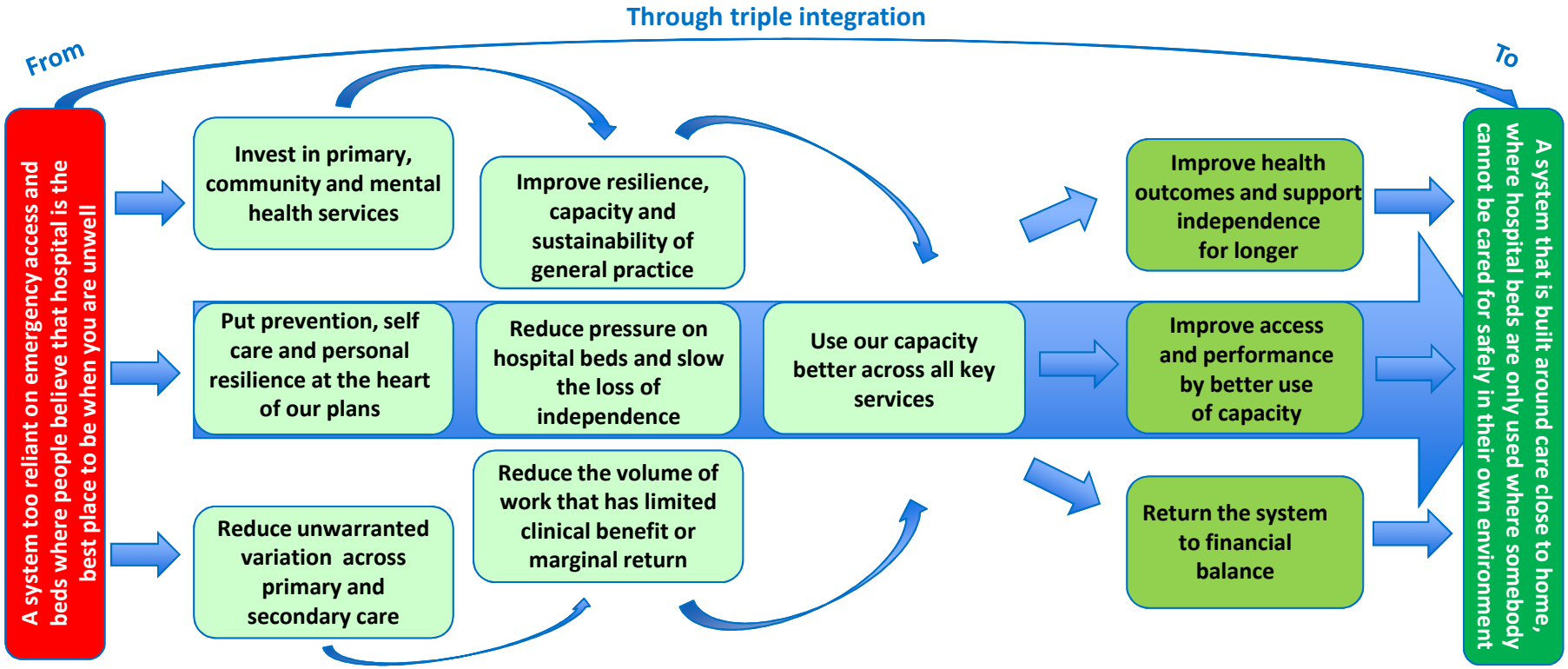
Worcestershire County Council
Redditch and Bromsgrove CCG
South Worcestershire CCG
Wyre Forest CCG
Worcestershire Acute Hospitals NHS Trust
Worcestershire Health and Care NHS Trust
11 Primary Care Networks (PCNs)



Herefordshire Council
Herefordshire CCG
Wye Valley NHS Trust
2gether NHS Foundation Trust
Taurus GP Federation – 5 Primary Care Networks (PCNs)

Our system vision

"Local people will live well in a supportive community with joined up care underpinned by specialist expertise and delivered in the best place by the most appropriate people"



- Prevention, self help and wide community wellbeing.

Community, friends, family & carers

Individuals & community networks

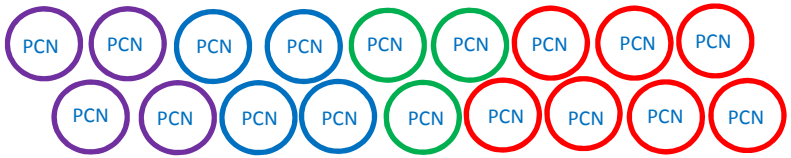
- Use of Population Health Management techniques for case identification of individuals amenable to interventions.

Individual GP practices

Population c. 1,000-10,000

- Population profiling and person level analysis for delivery.
- Application and evaluation of effective interventions.

Evolving primary care networks



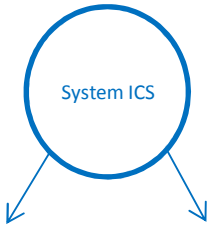
Population c. 30,000-50,000

- Whole population profiling and person level analysis for pathway and service planning.
- PHM modelling for areas of identified need.
- Application of interventions to address need and evaluation of interventions.

Place based alliances

Population c. 100,000-500,000

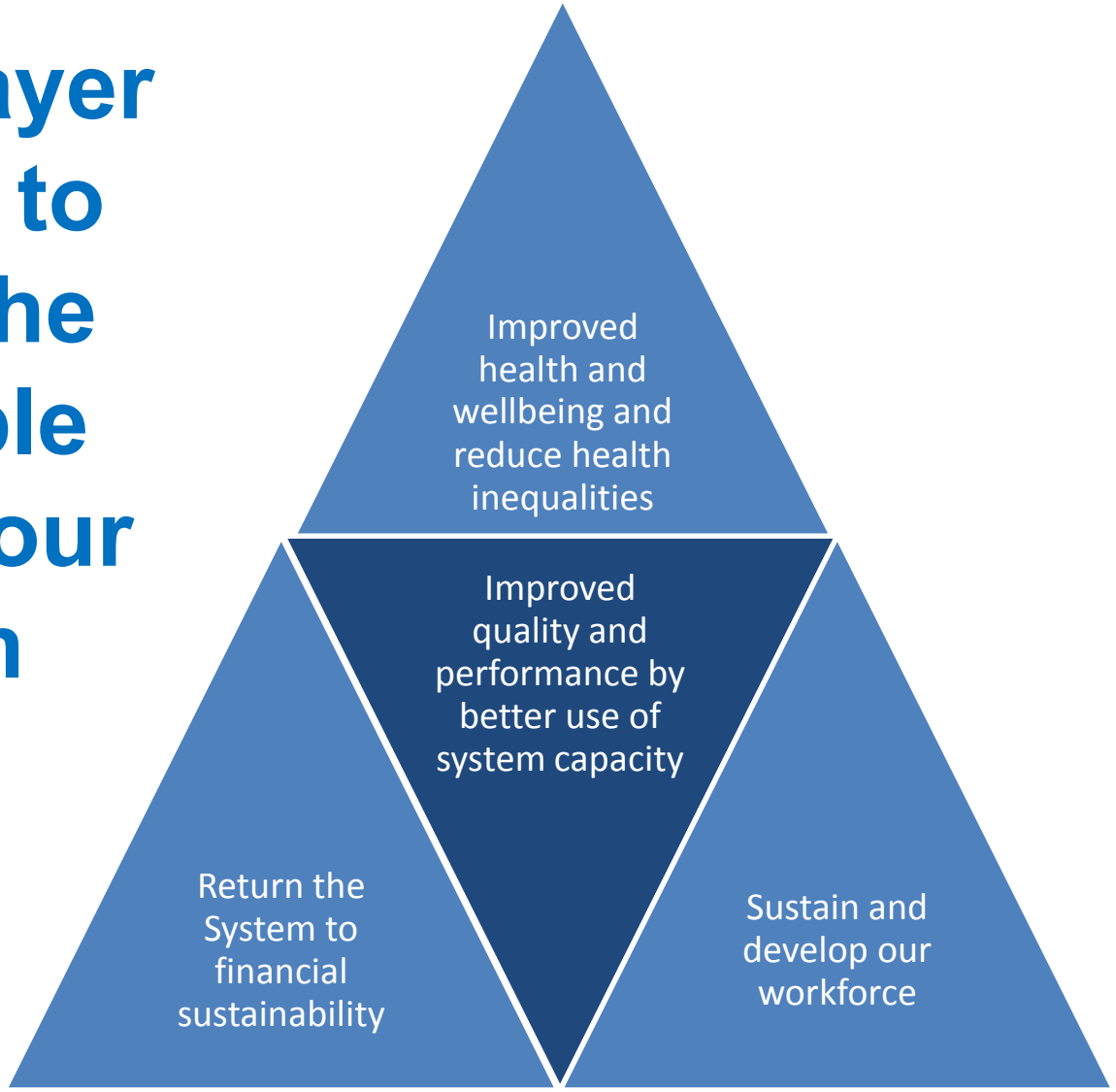
- Health needs assessment to identify overall priorities.
- Population profiling for regional services e.g. specialised services and prevention at scale.
- Profiling of regional future population trends.



Population c. 500,000+

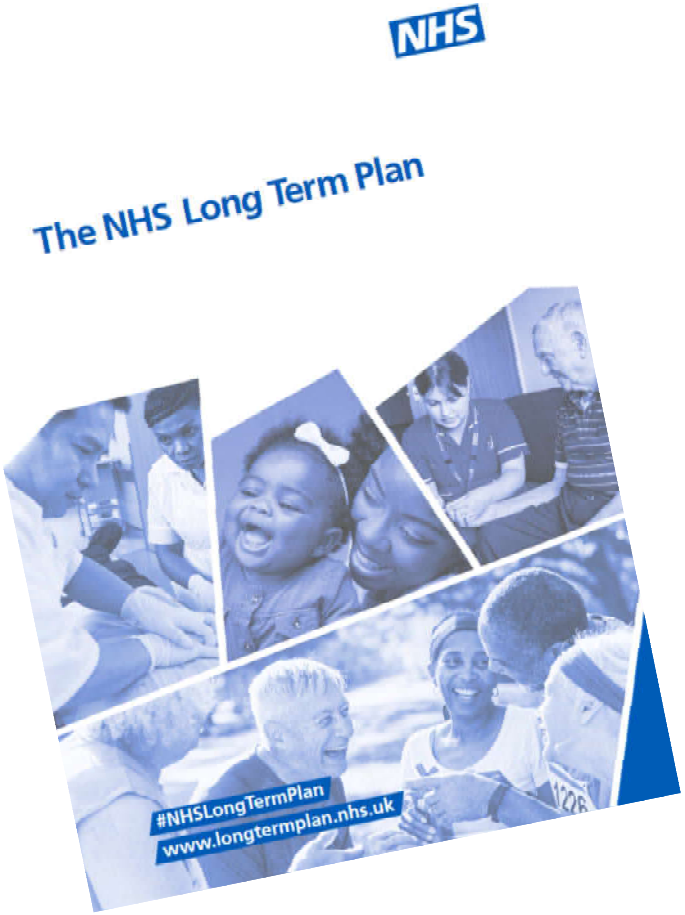
Alliances with other ICS's

At each layer we need to deliver the quadruple aims for our system



NHS Long Term Plan

Good news - lots of continuity to the work we have already undertaken



Long Term Plan requirements

High level must do's:

Transformed out of hospital care & fully integrated community based care	
Reducing pressure on emergency hospital services	Giving people more control over their health
Digitally enabling primary care & outpatient care	Improving cancer outcomes
Improving mental health services	Improved waits for planned care

Return to financial balance

Focus on reducing health inequalities and unwarranted variation

Ensuring we back our staff and develop a digitised NHS

Themes from our recent engagement

- Simplify options/ better information
- Appropriate resource needed for “out of hospital care”
- Consider patient populations and transport when choosing locations
- “Think carers and families”
- Join things up – e.g “whole family approaches”
- Timely access / quicker diagnosis / increased access to GPs
- Digital options could be enhanced

Local translation

Many of the key areas were already being developed by our local Sustainability and Transformation Partnership (STP) and our STP priorities are consistent with themes outlined in the Long Term Plan, including:

- Improving outcomes in areas such as **cancer** and **stroke**
- Greater focus on **mental health** and **learning disability** services
- Providing **more care and treatment at home** to reduce unnecessary admissions to traditional acute hospital services
- Putting real emphasis on **prevention** where individuals are better equipped to manage more aspects of their long-term conditions themselves, and where communities are supported to live healthier and active lives.

Local translation

We have made good progress on some of these priorities already, including:

- Development of local **neighbourhood teams** which - for the first time in our area - are bringing together nurses, therapists, social workers and GPs into single teams responsible for supporting our most vulnerable patients in the local community
- We have secured funding to **improve mental health support** for mums and families as well as increasing the access to psychological therapies
- Schemes looking at how **social prescribing**, where patients are encouraged to accesses non-medical treatment, could be rolled out wider
- **Closer working arrangements** across the four Herefordshire and Worcestershire CCGs

Next steps

- Working draft submitted 27th September and early feedback provided
- Final plans to NHSE/I – early November
- National aggregate of all plans compiled by December
- Continued engagement on our plan, especially the specific workstreams
- A simpler approach to future planning - all organisations working to one plan which delivers the national priorities

Thank you

Any questions?